



RESOURCE GUIDE

Shattering the silence for the 22 million Americans living with no-fault brain diseases

nsscoalition.org

Volume 4, Issue 2 - April 2026

WHO WE ARE

We are the voices for those living with and dying too young from serious mental illness, or as we address them as, no-fault brain diseases. Since October 2017, the National Shattering Silence Coalition has been speaking out and inspiring change for over 8 million children (1 in 10) and 14.2 million adults (1 in 20) with these diseases..

Our nonpartisan alliance of family members, peers, professionals in the trenches, and caring people, all united to ensure brain illness, health, and criminal justice systems count those with lived experiences, and their families in all federal, state, and local policy reforms.

**The National Shattering Silence Coalition is not liable or responsible for any information provided in this guide. This guide is not intended to provide legal advice and is for informational purposes only.*

A NOTE FROM LEADERSHIP

The National Shattering Silence Coalition remains committed to making a difference in the lives of those impacted by brain diseases. Through the life work and dedication of our championing leader and founder, Jeanne Gore, we were inspired to continue the work she had begun in addressing the shortcomings of our nation’s failure to care for those with no-fault brain diseases. The important work of NSSC continues as we roll up our sleeves and amplify our voices to create measurable and lasting changes.

Within this guide you will find valuable resources that will connect you to like-minded organizations for support, keep you updated with the latest efforts across the country and discover new and circulating resources. It is our hope that this guide be a tool to keep you in touch with the NSSC network and current events. We invite you to download or print off a copy to have on hand for you and your loved ones.

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“It took 13 years of pushing bureaucratic boulders up mountains only to have them come crashing back down on us to finally gain treatment for my son. This unfathomably painful experience, and the knowledge that so many of our children never made it, is what drives me like a dog with a bone to see that our grandchildren and future generations never have to go through this. I will not rest until we have treatment with dignity and compassion or I stop breathing, whichever happens first. These are treatable illnesses, if only we could gain access to treatment.”

**-Jeanne Gore, Founder of NSSC
In Memoriam**



ANN CORCORAN, RN, MSN
Executive Director NSSC

NSSC RESOURCE GUIDE

Resources A - K



A

[Accelerating Social Good](#)

[Advocates for Ethical Mental Health Treatment](#)

[Amazing Grace Advocacy](#)

[American Mental Wellness Association](#)

[The Angry Moms](#)

[Arizona Mad Moms](#)

[Ashley's Hope](#)

[Assisted Outpatient Treatment AOT for SMI \(Facebook group\)](#)

[A Path of Enlightenment Healing Arts](#)

[Awareness Ties](#)

B

[The Barry Robinson Center \(Military Family Support\)](#)

[Bipolar SMI Family Education + Advocacy Group \(Facebook Group\)](#)

[Brain & Behavior Research Foundation](#)

[Brett M. Staples Brain Disorder Awareness Coalition](#)

C

[Clubhouse International](#)

[Crisis Intervention Training](#)

[Crisis Text Line](#) - text CONNECT to 741741

[CURE IL](#)

[CURESZ Foundation](#)

[Cohen Miles Rath, Author, Speaker, Mental Health Advocate](#)

[Cohen Veterans Network](#)

[Colorado Mad Moms](#)

D

[Delight in Disorder Ministries](#)

[Dr. Tim Murphy & Podcast](#)

[The DV Walking Wounded Advocacy](#)

G

[Grow a Strong Family, Inc.](#)

H

[Heart Forward LA](#)

[Housing that Heals](#)

I

[International Bipolar Foundation](#)

[IOWA Mental Health Advocacy](#)

[ISMICC \(Interdepartmental Serious Mental illness Coordinating Committee\)](#)

J

[John Henry Foundation](#)

[Johnny's Ambassadors](#)

[Johns Hopkins Schizophrenia Center](#)

K

[Katie R. Dale, Advocate, Author, Artist](#)

[Kimberly Brouillette, Author/Editor](#)

[King of the Road Music](#)

[Kitt O'Malley, Bipolar Writer & Mental Health Advocate](#)

NSSC RESOURCE GUIDE

Resources L - Z



L

[Lost Patients, an NPR Podcast](#)

[Lynn Nanos, LICSW, Activist & Author](#)

M

[The Mental Wellness Awareness Association](#)

[Mothers of the Mentally Ill \(MOMI\)](#)

[Make Them Hear You Podcast](#)

Sabah Muhammad of The Treatment Advocacy Center

N

[NAMI \(National Alliance on Mental Illness\)](#)

[National Alliance on Mental Illness](#)

Helpline (800) 950-6264

[National Hopeline Network](#)

(800) 784-2433

[National Suicide Prevention Lifeline](#)

now easily dialed at 9-8-8 or (800) 273-8255

[National Youth Crisis Hotline](#)

(800) 442-4673

[National Judicial Task Force](#)

[National Association of Counties](#)

[No One Cares About the Crazy People film](#)

O

[Only Second Aid](#)

P

[Piece of Mind Film](#)

[P82 Project Restoration](#)

[Parents and Advocates of Seriously Mentally Ill \(Facebook Group\)](#)

S

[Schizophrenia & Psychosis Action Alliance](#)

[Schizophrenia & Schizoaffective Society](#)

[Schizophrenia: Three Moms in the Trenches Podcast](#)

[SMI Spotlight Podcast w/Dr. Amador](#)

[The SMI Bulldog Podcast](#)

[The STARR Coalition](#)

[Sooner Than Tomorrow](#)

[SAMHSA \(Substance Abuse Mental Health Services America\)](#)

T

[Team Daniel](#)

[Treatment Advocacy Center](#)

[Twisted Sisters Advocacy \(Facebook Page\)](#)

V

[Vital Psych Therapeutics - Dr. Kimhy, psychologist specializing in CBT for psychosis](#)

W

[Why Not Me? The World podcast hosted by Tony Mantor](#)

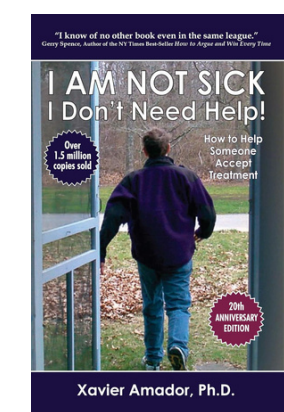
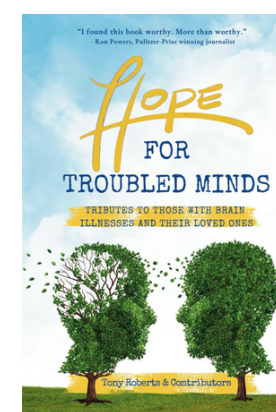
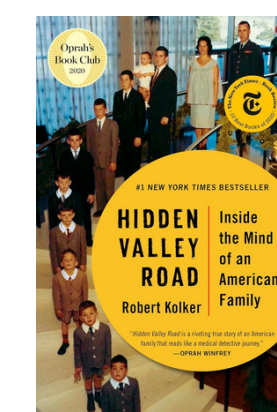
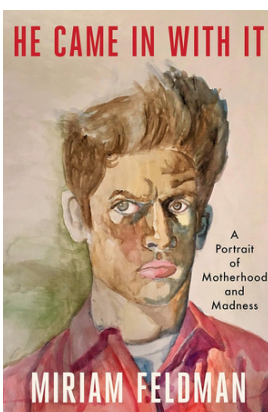
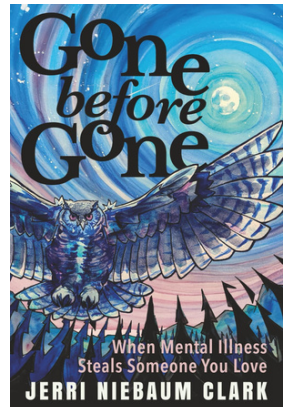
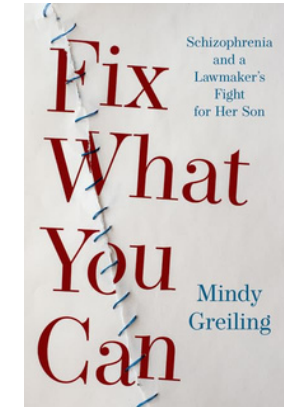
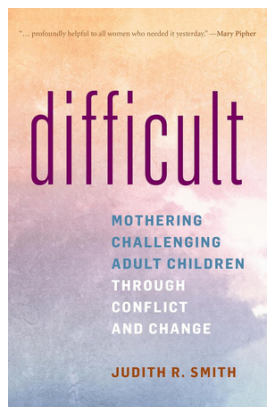
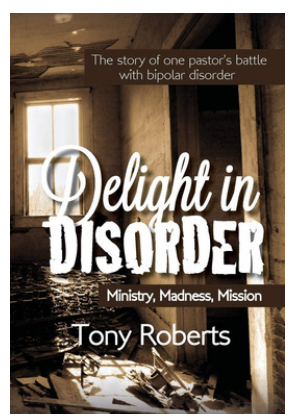
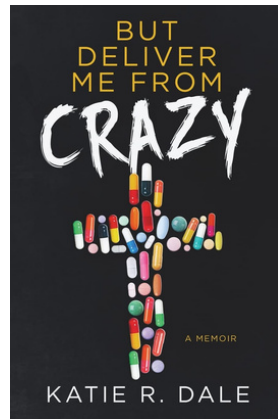
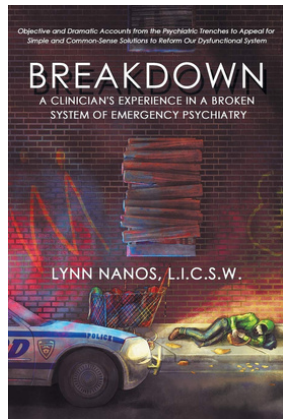
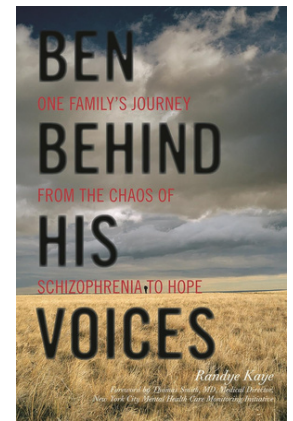
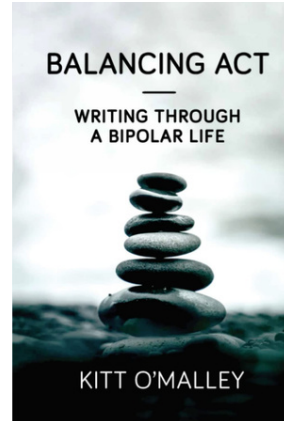
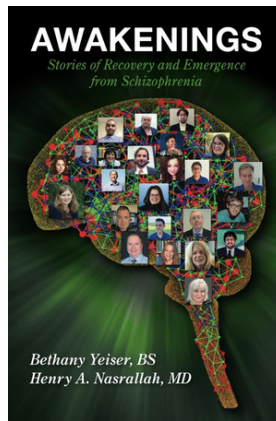
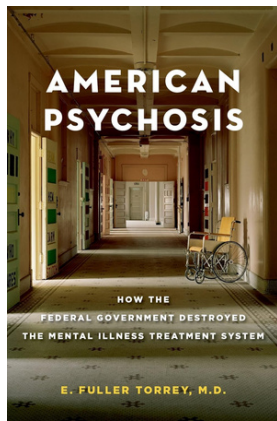
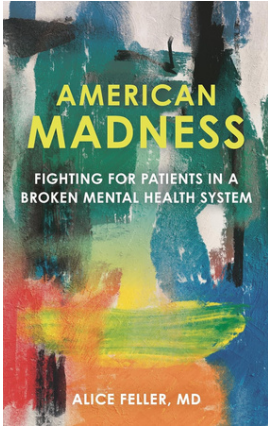
Y

[You Are Not Alone \(Facebook Group\)](#)

If you would like your organization to be a featured resource in future issues of NSSC's Resource Guide, please [contact us here.](#)

NSSC RESOURCE GUIDE

What We're Reading



If you would like your book to be a featured resource in future issues of NSSC's Resource Guide, please [contact us here](#).

Additional Resources



Cover My Mental Health

Cover My Mental Health provides education and guidance with respect to dealing with denied health insurance claims and other obstacles to receiving mental health care. They support self-advocacy for insurance coverage, including various tools that provide one goal in mind: that your health insurer will cover medically necessary care for as long as that care is necessary with timely access to the right clinician(s).



Doro Mind

Rebuild and find hope. You are not alone on your journey. Receive expert access to support and care for psychosis, bipolar disorder, schizophrenia, and related conditions. Doro Mind helps support you and your family in finding a path forward. Knowledgeable Doro Guides are ready to help you discover if Doro Mind is a fit for you.



Eric W.T. Smith Consulting

Eric's powerful combination of storytelling, advocacy, knowledge, and consulting positions him as one of the premier lived experience voices in the realm of serious mental illness (SMI), a category of diagnosis also sometimes referred to by advocates as serious brain disorders (SBD) or serious brain illnesses (SBI). To legally and ethically meet demand for Eric's perspective and specialized knowledge, Eric formed Eric W.T. Smith Consulting, LLC. It is from Eric's lived experience in meaningful recovery with SMI and accumulated knowledge as a respected advocate with valued insight that he provides consultation. If you are interested in becoming a client for Eric's consultation services, please send him an email with any relevant information you wish to share with him at ericwtsmith.com.



Problems to Progress Coaching

At Problems to Progress Coaching, our mission is to support families affected by serious brain diseases by providing them with the skills, resources, and emotional strength needed to rebuild their lives. We envision a world where every family facing these challenges can find hope, resilience, and a path forward. Through personalized coaching and family life education, we partner with caregivers to foster stronger relationships and empower them to thrive despite the difficulties they face.



Vital Psych Therapeutics - Dr. Kimhy, psychologist specializing in CBT for psychosis

Vital Psychological Therapeutics is a telehealth-based psychotherapy practice specializing in the treatment of psychosis, serving individuals and families across 42 states and Washington, D.C. Our approach centers on Cognitive-Behavioral Therapy for psychosis (CBTp) delivered via secure telehealth by doctoral-level clinical psychologists with expertise in psychosis. For families and caregivers, we offer psychoeducation, family communications workshops, and treatment engagement coaching. We work with families navigating a first episode of psychosis, chronic or recurrent psychotic conditions, and caregiver burnout. Free phone consultations are available. Visit vitalpsychtherapeutics.com to get started.

Stay Connected



SCAN ME AND JOIN THE MOVEMENT



Support Groups

Come belong to something bigger together than apart. NSSC offers professional and peer-led support groups where all are welcome to find their place.

[Visit our Support Groups page on our website](#) for a current list of all we offer.

Pro + Peer Talks

Join NSSC for the quarterly Pro(fessional) and Peer Talks we offer to educate, equip, and enlighten. Q&A sessions included.

[Visit our NSSC Talks page on our website](#) to register for the next talk.

Engage Online



- We're here on [Facebook](#), feel free to join in the posts in comments and see what our members are sharing in their region.
- We're here on [YouTube](#), so feel free to subscribe and watch recordings of past Peer and Pro Talks, Subject Matter Expert interviews with host Eric Dias, and the latest press conferences and news.
- We're here on [LinkedIn](#), making waves on the platform and growing. Mention #NSSC, #ShatteringSilence, or #FamiliesLikeOurs and make some social media noise!
- We're here on [X \(formerly Twitter\)](#), adding to the conversation on no-fault brain diseases. Come join us!
- We're here on our website: [NationalShatteringSilenceCoalition.org](#), or [NSSCoalition.org](#). Check out our updates and news from Who We Are (including our Index of State Policy Directors, Partners, and Team) to Media (blog posts) to Events, to exclusive and free Resources!
- Email us anytime! Shout out to contact@nsscoalition.org!